

## Cost & Insurance

If you're in-network with Hollowell Counseling, intake, preparation and integration sessions are typically covered by insurance. Coverage details can vary based on your specific plan, including copays, deductibles, and coinsurance.

\*The dosing session—due to its length and specialized nature—will still include a clinical fee for each additional hour.

Aetna/Aetna Better Health of Ohio/Anthem Blue Cross Blue Shield /CareSource (Commercial & Medicaid) / Cigna / Evernorth/ UnitedHealthcare / Optum/ Medical Mutual/ Molina/ Paramount/UMR/ Ohio Medicaid / Select Medicare Advantage/Dual Advantage Plans.

Initial Clinical Intake (60 min) – \$320  
Individual Psychotherapy (60 min) – \$225  
KAP Preparation & Integration Therapy (60 min) – \$225  
Ketamine Dosing Sessions:  
Psycholytic/120 minutes - \$350  
Psychedelic/180 minutes - \$550

\*Clinical Support Fee \*Psycholytic (120 min) – \$222 \*Higher-Dose (180 min) – \$444

## Cost & Insurance Medical & Medication

*Although, the medical services are billed separately through Journey Clinical (Psychiatric Medical Evaluation, Ketamine Prescription, Medication & Medication Management), The services are coordinated: The process is collaborative and intentionally planned for continuity of care. Coverage varies by plan.*

Aetna / Cigna / UnitedHealthcare

Initial Medical Consultation – \$250  
Ketamine Medication (2 doses) – \$97 \*shipping for medication is included  
Follow-Up Consultation (Quarterly) – \$150  
Medication Refill (Up to 6 doses) – \$163 \*shipping for medication is included

### **Out-of-Network Reimbursement**

Many clients choose to utilize their out-of-network benefits for greater flexibility and privacy in care. Hollowell Counseling can provide a **superbill for eligible services**, which you may submit to your insurance provider for potential **reimbursement**. Coverage varies by plan. We encourage you to verify your benefits directly with your insurance carrier.



Once you are established with a Hollowell provider, you will meet with Journey Clinical for the medical assessment and medication management.

Schedule Intake

→ <https://www.therapyportal.com/p/hollowell/>